



Analysis of Success Ratio of Attacking and Defensive Skills in Pro Kabaddi League

Jagdish Gurule¹

Research Scholar,

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad

Dr. Netaji Muley²

Director of Physical Education

Swami Vivekanand Mahavidyalaya, Mantha, Jalna (MS)

Abstract

Game Kabaddi is played with seven players inside the court. Player, who is called as a raider is suppose to enter in opposite team's area in order to tag them and get the point, and at the same time opposite team players try to stop or hold the player within their boundary to get the point. Changes in the rules of the kabaddi game in Pro Kabaddi League, had increased the popularity of the game also there are much more changes in the skill executed and strategies of the teams. Hence objective this study was to find out the success ratio of Attacking and Defensive skills in Pro Kabaddi. Methodology: In Pro Kabaddi League (2016 season), in each team there were 25 players hence 200 players of 8 teams participating in this competition were the sample for this study. Result: Teams effectively and strategically used attacking and defensive skills in winning the matches. But teams with better defence have better chance to win the match.

Key Words: Pro Kabaddi League, Raid, Attack, Defense

Introduction:

Kabaddi is a one of the Indian games which is played all over the world and popular that first originated in Ancient India. There are many regional variations of the game of Kabaddi in India, including Sanjeevani, Gaminee, Punjabi and Amar versions, all of which have slightly different interpretations of the game and its rules. The governing body for Kabaddi is the International Kabaddi Federation and consists of over 30 national associations and oversees the game and its rules across the world. Game Kabaddi is played with seven players inside the court. Player, who is called as a raider is suppose to enter in opposite team's area in order to tag them and get the point, and at the same time opposite team players try to stop or hold the player within their boundary to get the point. Team with the highest points at the end of the game time is the winner in that game. Pro Kabaddi League Pro Kabaddi League is an initiative of Mashal Sports to take Kabaddi on next level by converting the game to be played as league sport where players nationally and internationally are brought together. It was inaugurated in 2014 and played between 8 franchises, representing cities of India under the management of Mashal Sports. After season 2 it became bi-annual. In Pro kabaddi league, reforms of attacking and defensive skills are seen in various seasons. There are much more changes in the skill executed and strategies of the teams. But whether attacking or defensive skills are more important in winning the game? Hence this study was undertaken to success ratio of Attacking and Defensive skills in Pro Kabaddi

Objective:

To find out the success ratio of Attacking and Defensive skills in Pro Kabaddi

Methodology:

This research was done with descriptive survey research method.

Sampling:

Population: All the matches of Pro Kabaddi League were recorded for this study. Hence all 8 teams participating in 60 matches during this season were the population for this study.

Analysis of Success Ratio of Attacking and Defensive Skills in Pro Kabaddi League

Sample: In Pro Kabaddi League (2016 season), in each team there were 25 players hence 200 players of 8 teams participating in this competition were the sample for this study.

Statistics:**Table No 1 Statistics of skills used during raids in the competition**

Sr. No.		Attempt	Success	Unsuccessful	Nil
1	Total Attacks	2432	1205	152	1075
			49%	6%	44%
2	Total Defence	1627	952	675	
			59%	41%	

Conclusions:

In this season of Pro Kabaddi League, 2432 total raids were attempted by the raiders of all the teams in all matches. Out of this 1205 (49%) raids were successful in which raider got the point for team. 152(6%) raid were unsuccessful where raiders were caught by the opponent team and 1075 (44%) raids were nil raid means neither raider nor opponent team got the point.

In this season of Pro Kabaddi League, 1627 times players of the team tried to catch the player of the opponent team to get the point for their team but only 952 times (59%) they were successful and 1075 times (44%) they were unsuccessful to get the point.

From above analysis it is concluded that teams effectively and strategically used attacking and defensive skills in winning the matches. But teams with better defence have better chance to win the match.

References:

Best, J. W. and Khan, J. V. (1995). Research in education (7th edition). New Delhi: Prentice Hall.

Gay, L. R. (2000). Educational Research:competencies for analysis and application (6th ed.). New Delhi: Prentice Hall.

<http://sportycious.com/introduction-kabaddi-91452>

http://www.prokabaddileagues.in/p/blog-page_84.html

<http://www.rulesofsport.com/sports/kabaddi.html>

Morrow, J. R. (2000). Measurement & Evaluation in Human Performance (2 ed.). USA:Human Kinetics.